



Nottingham Forest Football Club

Nottingham

Details

Value: £330,00.00
(building services)

Client: Nottingham Forest
Football Club

Synopsis

A new two storey training facility that consists of, to the ground floor players dining/lounge served by a full kitchen, media/conference room and changing facilities with showers, hydro treatment and ice baths.

At the first floor there's a cardio gymnasium with exercise equipment and a free weights area, physiotherapy treatment rooms and ancillary office accommodation.

The new training facility was constructed on existing Nottingham Forest Training Ground without impacting on the operation or use of the overall facility.

Best in Class

Providing the modern training and treatment facility the new building contained a media room complete with Audio Visual equipment which can be utilised by both media and Club for player training /coaching purposes.

To maximise the energy saving offered by daylight the lighting in the social spaces are controlled by automatic daylight sensors. The changing and showers where windows are limited high efficient lighting fitting are utilised.

Heat recovery ventilation units are installed throughout and the scheme also included a rain water harvesting system.

